

Miami Hair Surgeons Publish Clinics Review Articles

Source: Hair Transplant Institute of Miami

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MIAMI -- The Hair Transplant Institute of Miami celebrates lead surgeons Dr. Bernard Nusbaum and Dr. Paul Rose for recent publications in the Hair Restoration edition of the August 2013 "Clinics Review Articles".

Known throughout the medical community simply as "The Clinics", this quarterly publication provides expert insight and in-depth analysis of emerging technologies, procedures, and trends across 59 different medical and surgical disciplines. The publication is widely recognized as a leading reference for surgical professionals and residents/ prospective cosmetic surgery patients who desire current information on new treatment protocols.

In the publication, Drs. Nusbaum and Rose discuss both surgical and non-surgical hair loss treatments, offering firsthand knowledge and expertise to surgeons and hair loss sufferers alike. Surgical procedures and treatments include Low Level Laser Therapy (LLLT) for hair, platelet-rich plasma (PRP), and robotic FUE hair transplant.

Commenting on LLLT, Drs. Nusbaum and Rose explain that both in-office and at-home treatments are available to men and women suffering with hair loss. More research is needed to determine the ideal frequency, power, and duration of LLLT exposure, according to the surgeons. Consistent and high-quality LLLT exposure is critical when treating hair loss symptoms or nourishing hair follicles during post-op recovery, leading Dr. Nusbaum to recommend at-home treatments with dome-like products that conveniently fit inside a baseball cap or hat.

Platelet-rich plasma (PRP) first made headlines in early 2013 as the "vampire treatment" for hair loss after surgeons found that such injections had the potential to stimulate new hair growth within dormant hair follicles. The nickname comes from the fact that PRP is a special preparation of the patient's own blood, enhanced with platelets and growth factors designed to nourish hair follicles and natural stimulate growth. Drs. Nusbaum and Rose address this new treatment protocol with optimism and excitement, noting that synergies can be achieved when PRP is prepared and administered in specific therapeutic modalities.

PRP was not the only hair loss treatment making waves in 2013, however. Robotic follicular unit extraction (FUE) hair transplants have become more popular, with patients being drawn to the new technology by promises of a faster, more consistent, and more natural transplant procedure. Drs. Nusbaum and Rose provide an overall positive critique of the new robotic transplant procedure, explaining that the technology enhances the surgeon's ability to extract hair grafts with greater precision and a lower transection rate (the rate at which hair follicles are damaged during extraction). According to the surgeons, the ideal candidates for robotic hair transplants are younger men and women who have never had a transplant and need a relatively small number of grafts. Individuals who are averse to the idea of Strip Donor procedure, as well as those who have naturally tight scalp, are also ideal candidates.

Hair Transplant Institute of Miami

Readers are invited to learn more about the Hair Transplant Institute of Miami by visiting the following URLs:

Meet Dr. Nusbaum and Dr. Rose: <http://miamihair.com/credentials.html>

ARTAS Robotic FUE Technology: http://miamihair.com/artas_hair_restoration_technology.html

Readers may learn more about "The Clinics" medical review articles by visiting <http://www.facialplastic.theclinics.com/>.

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