

Miami Hair Loss Surgeons Recommend Alternatives to Viviscal® Hair Supplement

Source: Hair Transplant Institute of Miami

Dated: Sep. 03, 2013

Viviscal® hair supplement claims to treat hair loss, but Miami surgeons say better treatment options exist.

CORAL GABLES, Fla. -- A new supplement for hair loss has generated excitement and skepticism in consumers. Called Viviscal®, the treatment system includes pills, shampoos, and conditioners designed to promote thicker and fuller hair. Surgeons at the Hair Transplant Institute of Miami recommend 2 different alternatives to Viviscal®, however, each of which is backed by more comprehensive research and a well-established track record for successfully reversing the signs of hair loss. One such alternative is Minoxidil, known most commonly by the brand name Rogaine®.

Since as early as 1980, Minoxidil has demonstrated an ability to stimulate new hair growth in men and women who suffer with thinning, shedding, and androgenetic alopecia (pattern baldness). By the mid 1980s, the solution became approved by the U.S. Food and Drug Administration (FDA) as a topical treatment for pattern baldness.

Over the past 3 decades, Minoxidil has undergone extensive testing and continually produced consistent results, winning the affection and approval of surgeons and patients alike. Available in both ordinary and Extra Strength solutions, Rogaine® is capable of reversing the signs of baldness in both men and women in as little as 8 weeks. Ceasing Minoxidil treatment is likely to lead to thinning and hair loss, however. For patients who desire a more permanent solution, hair loss specialists at the Hair Transplant Institute of Miami recommend a surgical procedure like follicular unit extraction (FUE).

“The days of hair plugs are long gone,” explains the Hair Transplant Institute of Miami, a specialized hair loss treatment clinic located in the Offices of Merrick Park in Coral Gables, Florida. According to the Institute, today’s FUE transplant procedures are so refined and precise, 85% of Americans cannot recognize when one has been performed. This figure was published by the International Society for Hair Restoration Surgery (ISHRS) in the “2010 Hair Transplant Challenge Survey,” available for download at <http://www.ishrs.org>.

For some 20 million or more men and women who suffer with hair loss, consulting a specialized clinic carries additional benefits when compared to standalone hair vitamins and supplements. Most important is personalized care, through which patients receive a comprehensive consultation and evaluation that sets the foundation for effective treatment.

Hair Transplant Institute Miami: South Florida’s Top Surgeons

To learn more about the Hair Transplant Institute of Miami, visit <http://www.miamihair.com> online or call toll free **1-877-443-9070**.

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